

The Sunnah of Saying Takbeer Before Moving to Prostration

Imaam Muhammad Naasiruddeen al-Albaanee
(Rahimahullaah)

On the authority of Abu Hurairah (RadiyAllaah an-hu):

"Whenever the Prophet ﷺ intended to prostrate, he would say: 'Allaahu Akbar' and then prostrate, and when he (intended) to stand up from the sitting position, he would say 'Allaahu Akbar' and then stand."

Reported by Abu Ya'laa in his 'Musnad', (2/284), from Kaamil ibn Talhah, from Hamaad ibn Salamah, from Muhammad ibn 'Amr, from Abu Salamah (RadiyAllaahu 'an-hu), from Abu Hurairah (RadiyAllaahu 'an-hu), attributed to the Prophet ﷺ [as a 'Marfoo' Hadeeth].

I (Shaykh al-Albaanee, Rahimahullaah) say:

This Isnaad (chain of narrators) is **Jayyid** (Good); all of the narrators in the chain are **Thiqaat** (reliable, trustworthy), **Ma'-roofoon** (well-known), from the narrators (who have biographies) in 'Tah-dheeb'. Something has been said about Kaamil and Ibn 'Amr; however, it does not harm (their credibility).

This Hadeeth is a **clear textual proof** that the **Sunnah** is to say 'Allaahu Akbar' and then prostrate; and that one should say 'Allaahu Akbar' while sitting and then stand up. It also contains a refutation against those blind followers who elongate the saying 'Allaahu Akbar' from the sitting position until they have stood up (completely).

604 - " كان ﷺ إذا أراد أن يسجد كبر ثم يسجد وإذا قام من القعدة كبر ثم قام ".

سلسلة الأحاديث الصحيحة وشيء من فقهها وفوائدها (2 / 155)

أخرجه أبو يعلى في " مسنده " (2 / 284) حدثنا كامل بن طلحة حدثنا حماد بن سلمة عن محمد بن عمرو عن أبي سلمة عن أبي هريرة مرفوعا.

قلت: وهذا إسناد جيد رجاله كلهم ثقات معروفون من رجال " التهذيب " وفي كامل وابن عمرو كلام لا يضر.

والحديث نص صريح في أن السنة التكبير ثم السجود

وأنه يكبر وهو قاعد ثم ينهض.

ففيه إبطال لما يفعله بعض المقلدين من مد التكبير من القعود إلى القيام!